

As a natural holistic physician, I, Gabriel Cousens, M.D., M.D.(H) Diplomate of the American Board of Holistic Medicine, Diplomate of Ayurveda have come across a major breakthrough in detoxifying the human body of the carcinogens, heavy metals, viruses, bacteria, fungi, and overall acid conditions that promote and cause disease.

Some 70,000 chemicals are being dumped into our environment, 65,000 of which are potentially hazardous to our health. We live in a virtual sea of pollutants, and carry many of these toxins within us. They can be found even in unborn children. A 2004 study by the Environmental Working Group identified 287 industrial chemicals in babies' umbilical-cord blood, including 180 known to cause cancer and 217 that are toxic to the brain and nervous system.

In my research to develop a detoxification system for prospective mothers, I recently learned about a naturally occurring mineral called zeolite, which has a unique, negatively charged, crystalline structure. Zeolite is formed from the fusion of lava and ocean water, and combines all four elements. I feel that zeolite is an alchemical gift from God. It has been used for more than 800 years in Asia as a remedy for overall health and well-being, and is on the FDA's GRAS list (generally recognized as safe). Zeolite is available commercially in a purified, activated form, in the zeolite product.

### **The results of research on zeolite are very impressive:**

1. Zeolite appears to prevent and may become an important treatment for cancer. In one study, 78 percent of the 65 participants with terminal cancer (many types) are now in complete remission for 12 months (LifeLink Pharmaceuticals, 2005, currently not published).
2. It has a chelation-like effect in removing heavy metals (particularly lead, mercury, cadmium, and arsenic), pesticides, herbicides, PCBs, and other toxins from the body, shown in a study of miners at Duke University. These toxins are strongly correlated with the occurrence of a wide

range of diseases, including cancers and neurological disorders such as Alzheimer's, autism, and dementia.

3. Zeolite also improves liver function, indirectly improving elimination of pesticides, herbicides, and xeno-estrogens.

4. Zeolite appears to block viral replication, and may prove to be a potent anti-viral and general remedy for all viruses. To date, 40 anecdotal cases of herpes zoster have reportedly been healed. Preliminary anecdotal case studies suggest that it may help alleviate rheumatoid arthritis, multiple sclerosis, and hepatitis C as well as the common cold and flu.

5. Zeolite's binding power was proven during the Chernobyl disaster, when tons of it were used to remove radioactive cesium and strontium-90 before they contaminated local water systems.

6. Zeolite creates a natural buffer in the system by establishing an optimal pH level (between 7.35 and 7.45), which in turn activates healthy brain function and a strong immune system.

7. It is an effective detoxifier for prospective mothers and fathers. Anecdotal evidence and centuries of use in Asia suggest that zeolite is safe to use even during pregnancy and breastfeeding, although its safe use in pregnancy has not been proven in double-blind studies. A pilot study at the Tree of Life Rejuvenation Center with 55 people, based on my non-toxic baby protocol for preparing parents to bring forth non-toxic babies, consisted of a one-week green juice fast and detox support program with zeolite in the form of Natural Cellular Liquid Zeolite (zeolite) 15 drops, 4X/day. The following very significant results were found. 18 people were tested for depleted uranium (DU), a very serious worldwide radioactive contamination resulting from the use of DU armaments, especially used in Iraq. Sixteen of the 18 people tested initially had DU in at least the liver, the breast, or the brain, and 13 of the 18 people had started with it in all three organs, the liver, the breast, and the brain. In one week on this protocol, all the people became DU-free except for one person, who still had DU in the liver. Also, thirty-two people were tested for Teflon and Perfluorooctanoic acid (PFOA), the carcinogenic element of teflon. Teflon was found in the livers of 27 people, the breasts of 25 people, and the brains of 28 people. All but two people became teflon-free after one week. Only one person had Teflon remaining in the breast, and one person had Teflon remaining in the brain. In the same 32 people, initially PFOA was found in the liver of 28 people, the breast of 29 people, and the brain of 28 people. After one week, all people became PFOA-free except for one person having PFOA remaining in the breast and brain. In testing people for a whole set of

toxins consisting of 14 to 26 of the common heavy metals, pesticides, and herbicides, the people initially had on average 90 to 95% of the toxins in their liver, breast, and brain, whether they were live-food eaters or not. The overall percentage of removal of these toxins from these organs was 88%, leaving only 12% of the toxins in their systems overall. This included 91% removal from the liver, 88% removal from the breast, and 87% removal from the brain. In the 55 people tested the heavy metals, pesticides, and herbicide toxins, initially 801 toxins were found in the subjects' livers, 825 toxins in the breasts, 824 toxins in the brain. After the one-week protocol, just 73 toxins were left in the liver, 102 toxins left in the breast, and 111 toxins left in the brain:

### Results of Week-Long zeolite and Juice Fasting Non-Toxic Baby Protocol

#### LIVER BREAST BRAIN TOTAL

#### Toxins Found BEFORE

801 825 824 2450

Toxins Found AFTER 73 103 111 287

Percentage Removed 91% 88% 87% 88%

The four subjects who continued the green juice fasting with zeolite for two weeks went down to 0 toxins, a 100% removal rate. These results suggest a powerful synergy of zeolite plus a detoxifying green juice fast. In observing thousands of fasters since 1988, fasting alone—although wonderful for enhancing the vital force—does not seem to significantly get rid of pesticides, herbicides, and heavy metals after 1 week by itself. I am proposing a theoretical model for explaining the testimonials of the powerful, across-the-board healing effects of zeolite (a purified zeolite) from such health problems as ADD/Hyperactivity, Addiction, Agent Orange Exposure, Arthritis, Autism, Cancer, Cysts and Tumors, Depression, DES Exposure, Diabetes, Fibromyalgia, Flu, Colds, and Respiratory Problems, Gastro-Intestinal Problems, Heavy Metal Poisoning, Hepatitis C, High Blood Pressure, HIV/AIDS, Kidney Stones, Lack of Mental Clarity,

Pain, PMS/Menstrual Pain, Silicone Breast Implant Toxicity, Skin Conditions, Spider Bite, Toothache/Gum Disease, Varicose and Spider Veins, Viral and Other Infections, Yeast Infections. The model is a foundational healing concept. The basic mechanism we can draw from the literature and my present pilot study is that, by removing heavy metals, pesticides, herbicides, and DU, as well as through its effect of increasing immune system function, alkalizing the blood, blocking viral replication, and neutralizing free radicals, the zeolite removes the blocks which compromise the vital life force. When the vital life force is freed up and activated, the body's natural ability does the healing and relieving of these chronic diseases itself. With the zeolite, we have returned to the basic natural healing theory for all chronic diseases. zeolite is truly an alchemical gift from the Divine.

8. According to testimonials, zeolite promotes a sense of well-being, clarity, and happiness. It appears to do this as a consequence of eliminating toxins and also, according to preliminary research, by increasing serotonin production. One study suggests that zeolite also helps relieve depression.

9. Anecdotal reports suggest that zeolite increases energy, immune function, and general health.

10. Zeolite neutralizes the formation of nitrosamines in the stomach. Found in processed meats, nitrosamines are one cause of stomach cancer. Another positive effect on the stomach, according to many anecdotal reports, is relief of acid reflux.

11. Testimonials suggest that zeolite captures triggering antigens, which cause allergies, migraines, and asthma, decreasing the rate and severity of these symptoms.

12. Zeolite directly absorbs free radicals and thus decreases free radical activity and damage to the body.

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